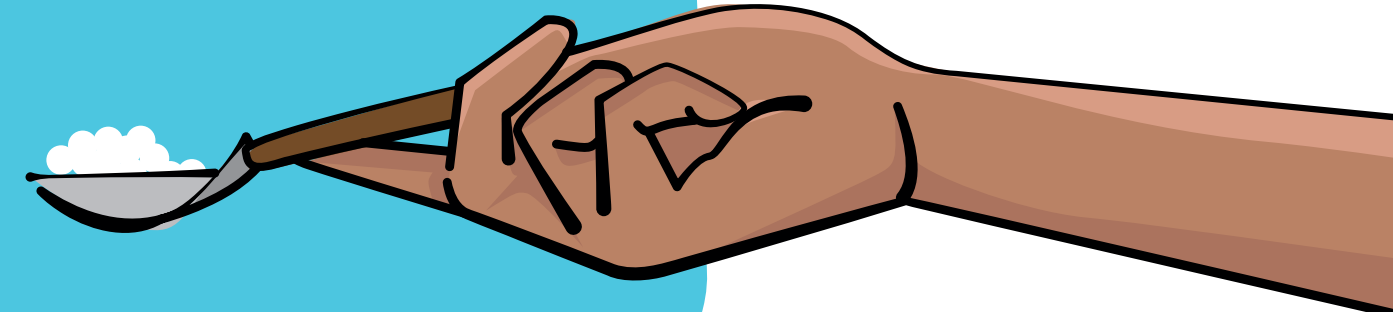


IMITHI YE-TB YEZINGANE:

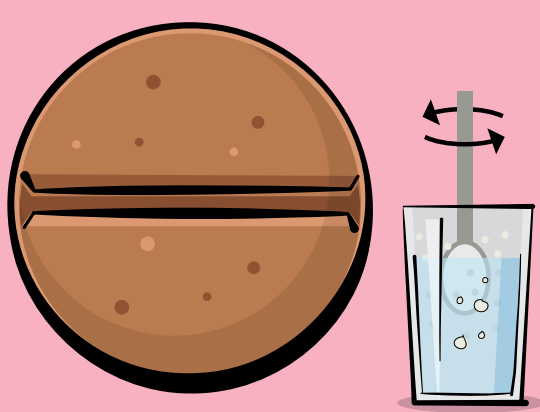
UMHLAHLANDLELA OLULA WOKULINGANISA
CHOBOZA IPILISI



! UZOTHOLA

RHZ (75/50/150)

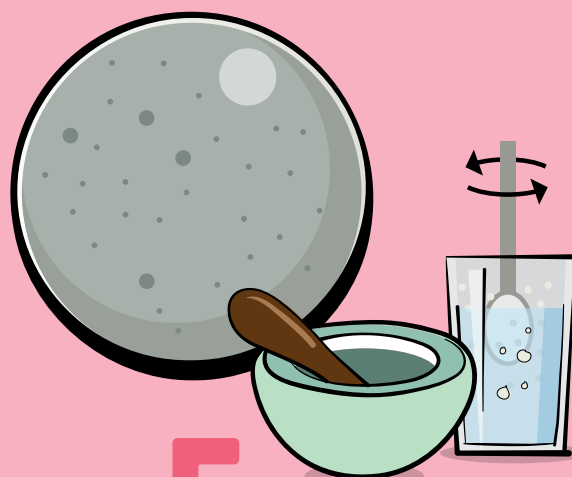
ne Ethambutol (400mg)



RHZ
(75/50/150)

I-Rifampicin + Isoniazid +
I-Pyrazinamide (RHZ) iyipilisi
elixutshwa kalula emanzini.

+



E
(400MG)

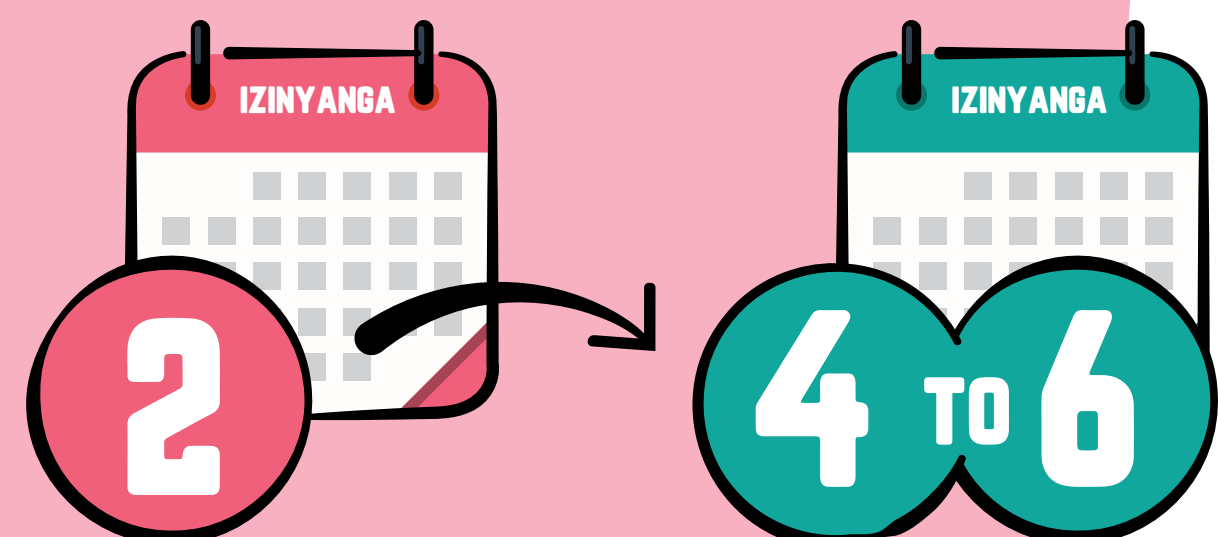
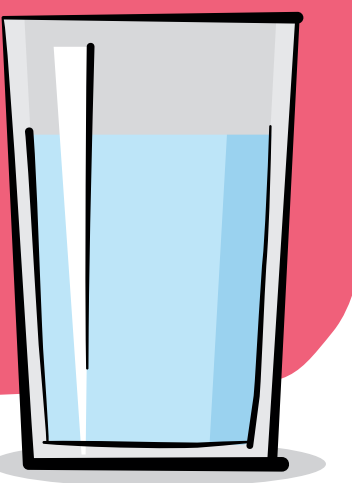
I-Ethambutol iyipilisi
ongayicindezela uyixube
namanzi

Uzodinga ukulungisa imithi yomibili futhi
unike ingane yakho imithi yomibili nsuku zonke
(nangezimpelasonto!). Ngemva kwezinyanga ezimbili,
imithi yengane yakho izoshintsha. Ingane yakho
izothatha imithi isiyonke izinyanga ezine kuya
kweziyisithupha.

* ISAZISO

INGANE YAKHO INGAKWAZI UKUGWINYA AMAPHILISI?

Fundisa ingane ukugwinya iphilisi
yonke noma ingxenye. Uma ingane
ingakwazi ukugwinya, choboza
uxhube emanzini.



Uma kungenzeka, nikeza imithi ngaphambi kokudla, kodwa ingathathwa nokudla.

STEP

1

UMHLENGIKAZI WAKHO UZOHLOLA ISISINDO SENGANE YAKHO



STEP

2

ISISINDO SENGANE YAKHO SIZOHLOLWA NGESHADI LOMTHAMO



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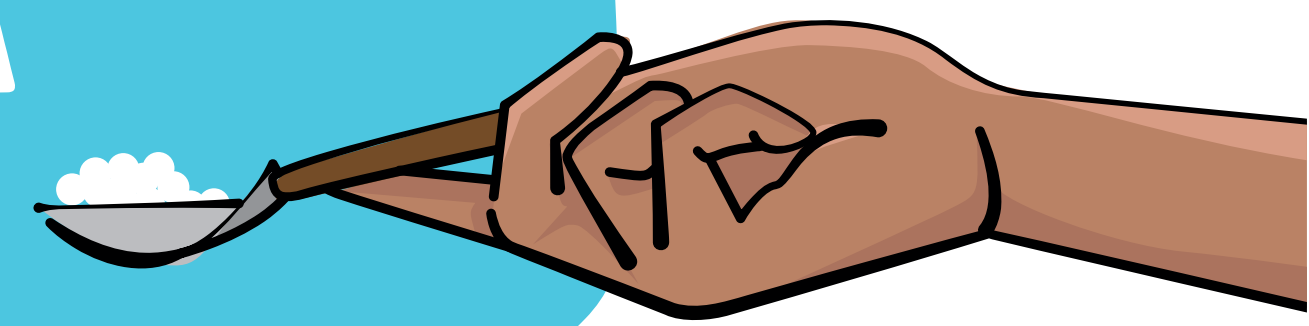


THINKTANK



IMITHI YE-TB YEZINGANE:

INDLELA YOKUCHOBOZA, UKUXUBA NOKUNIKA



ETHAMBUTOL
(400mg)

Lungela!
Uzondinga:

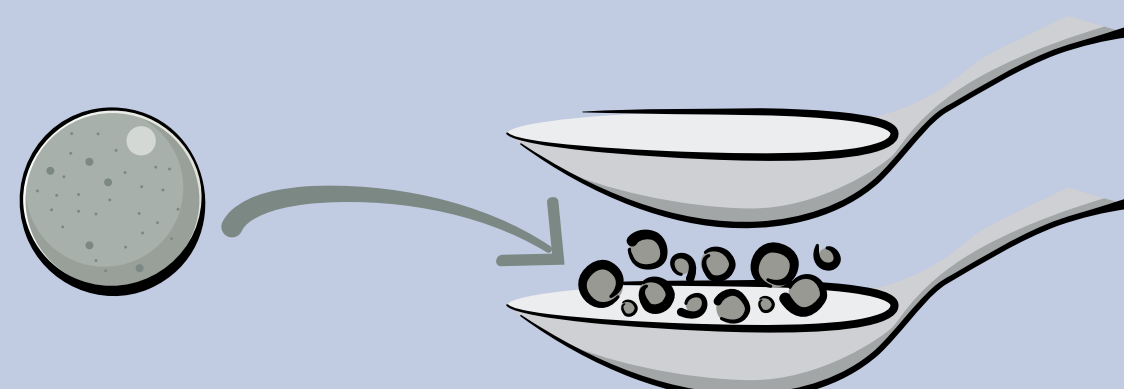
- 1 isirinji (yokulinganisa)
- izinkezo ezingu-2 ezihlanzekile
- Amanzi ahlanzekile
- Iphilisi elilodwa le-ethambutol 400mg

Choboza ipilisi

Beka iphilisi elilodwa kukhezo.

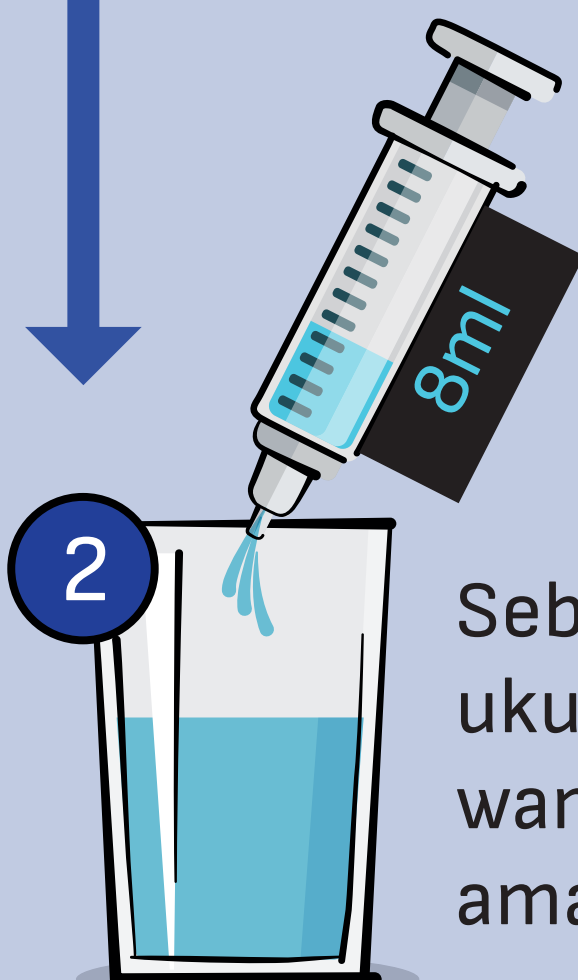
Lichochoboze ngolunye ukhezo lize libe impuphu.

1



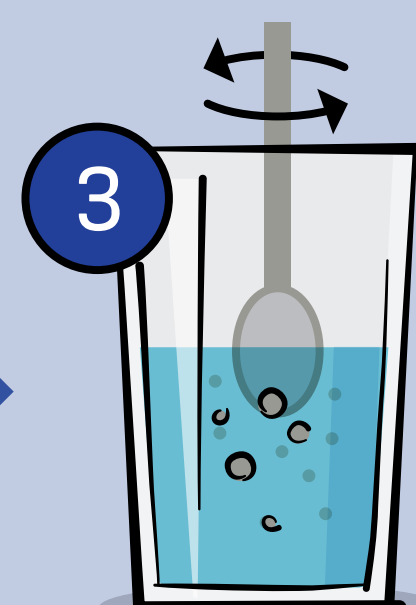
2

Sebenzisa isirinji ukulinganisa u-8ml wamanzi. Wengeza amanzi engilazini.



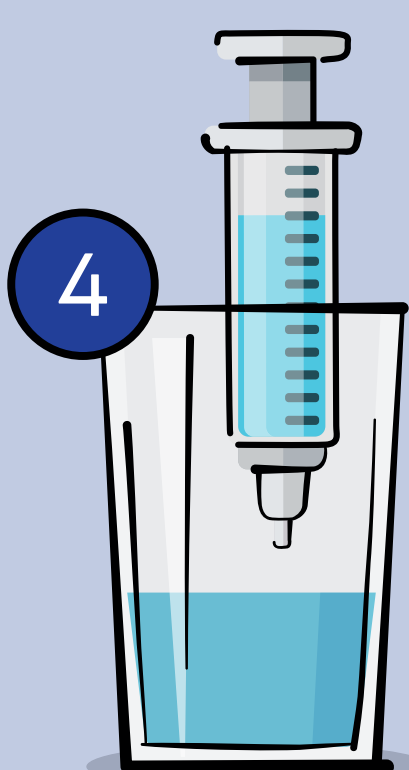
3

Xuba kahle
Hlanganisa impuphu yephilisi namanzi.



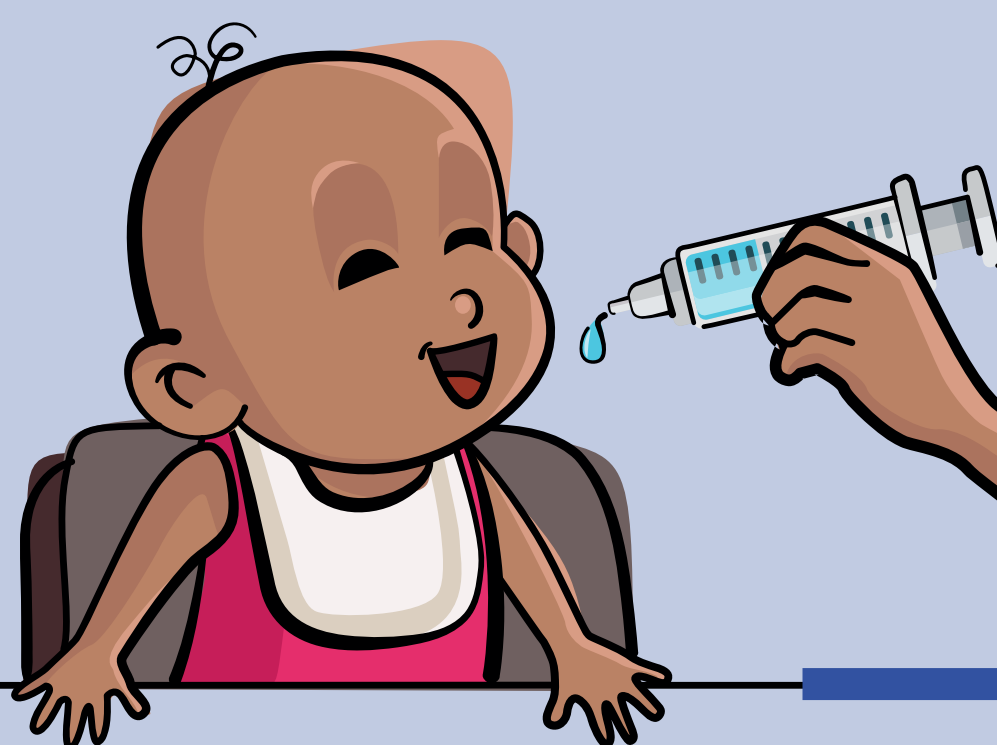
4

Kala umthamo ofanele
Sebenzisa isirinji ukudonsa inani elibhalwe kushadi lengane.



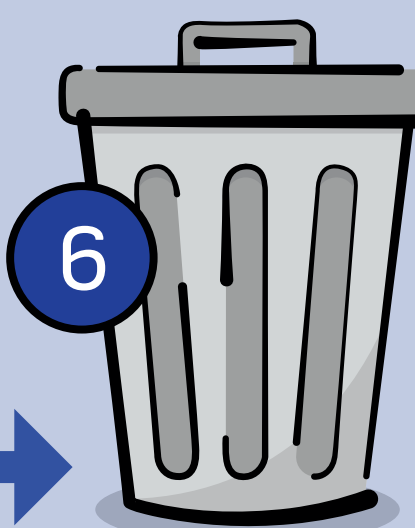
5

Nika ingane imithi usebenzisa isirinji.

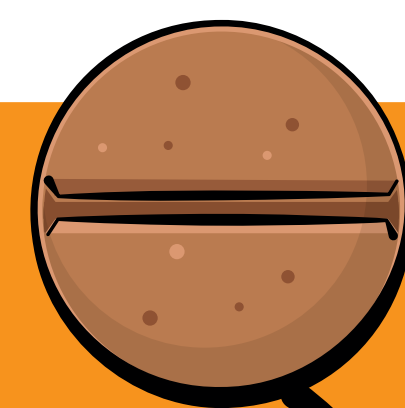


6

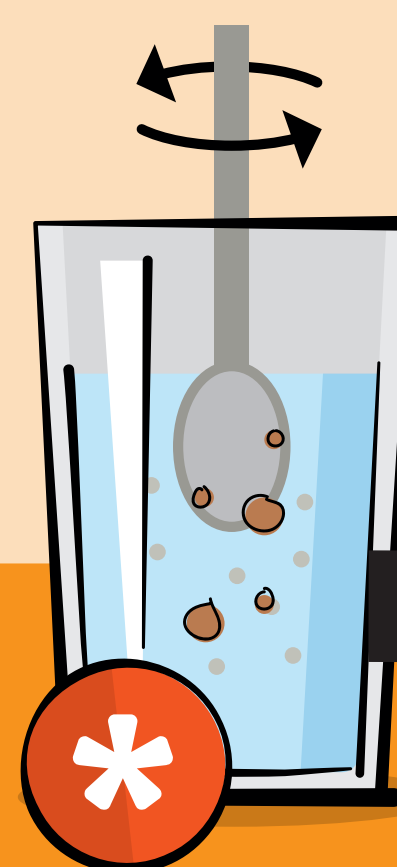
Lahla ingxube esele.



Hlanganisa i-RHZ ku-5 - 10ml wamanzi. (Amaphilisi ahlangana kalula emanzini).



RHZ
(75/50/150)



5-10ml

Ncibilikisa emanzini; lahla okusele emuva kokukala umthamo.



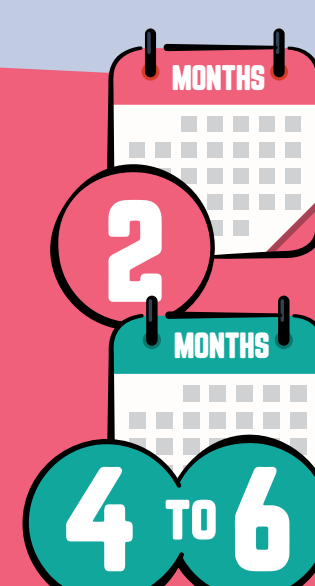
KHUMBULA



Nikeza imithi nsuku zonke, ngesikhathi esifanayo.



Geza izandla nezinsiza njalo.



Ngemva kwezinyanga ezi-2, unesi uzokunikeza ezinye izindlela zokwelapha ukuze uqede ukwelashwa kwezinyanga ezi-4 kuya kwezi-6.



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STEP

3

LANDELA

ISHADI

LOMTHAMO

IMITHI YE-TB

YEZINGANE:

BANAKEKELI BEZINGANE:

SEBENZISANI LELISHADI

UKULUNGISELELA ISIKALI SEZINGANE

	I-RHZ (75/50/150)	I-ETHAMBUTOL (400MG)
Imithi	Gwinya ipilisi yonke NOMA uyincibilikise emanzini.	Gwinya yonke NOMA choboza uxhube ne-8 ml wamanzi.
Isisindo sengane	Ezingane ezingaphansi kuka-2 kg, sicela ukhulume nochwepheshe.	
2 – 2.9 kg	Xuba u-½ ipilisi ku-5 ml wamanzi.	Sebenzisa u-1 ml kuphela kule-8ml oyilungisile. Lahla okungasebenzisiwe.
3 – 3.9 kg	Xuba ipilisi ku-4 ml wamanzi. Nika u-3 ml kuphela. Lahla okusele.	Sebenzisa u- 1.5ml kuphela kule-8ml oyilungisile. Lahla okungasebenzisiwe.
4 – 7.9 kg	Xuba ipilisi eyodwa ku-5 ml wamanzi.	Sebenzisa u- 2.5ml kuphela kule-8ml oyilungisile. Lahla okungasebenzisiwe.
8 – 11.9 kg	8–11.9 kg — Nika ingane amaphilisi amabili NOMA uxube ku-10 ml wamanzi.	Nika ingane u-½ ipilisi noma usebenzise u- 4ml kuphela kule-8ml. Lahla okungasebenzi.
12 – 15.9 kg	Nika izingane amaphilisi amathathu noma uxube ku-10 ml wamanzi.	Sebenzisa u- 6ml kuphela kule-8ml oyilungisile. Lahla okungasebenzisiwe.
16 – 24.9 kg	Nika ingane amaphilisi amane noma uxube ku-10 ml wamanzi.	Nika ingane ipilisi eyodwa noma usebenzise wonke u- 8ml womxube.
Izingane ezisinda ngaphezu kuka 25 kg	i-RHZE Lona umuthi owodwa onawo wonke imithi emine. Gwinya amaphilisi ephelele ngamanzi. Landela umhlahlandlela wokuthatha umthamo ongezansi.	
25 – 29.9 kg	amaphilisi amabili	
30 – 34.9 kg	amaphilisi amathathu	
35 – 64.9 kg	amaphilisi amathathu	
65 kg & nangaphezulu	amaphilisi amane	